

SEPTEMBER 2010

Anti-Aging Advice

If you want to prevent your skin from looking as crisp and wrinkled as a leaf in autumn, then you need to follow a good skin care regimen, pronto! The following ingredients are crucial to a good anti-aging regimen:

Antioxidants. Antioxidants neutralize free radicals before they have time to oxidate and cause damage to your healthy cells. They are also important in repairing photodamage (hyperpigmentation) and plumping fine lines. Currently, the most important antioxidants contained in skin care treatments are vitamins A, C, E and beta-carotene.

Try our best-selling antioxidant serum- Phloretin CF!

Exfoliants. Frequent mild resurfacing of the skin will help with product penetration, texture and appearance of the skin.

Treat yourself to a monthly microdermabrasion, glycolic peel, facial or Vi Peel™!

Peptides. Built from amino-acids, peptides are molecules that stimulate healing and help rebuild the dermal matrix.

Of course, two of the main causes of premature aging of the skin are poor eating habits and stress. Make sure you are making a conscious effort to include fruits, vegetables and nuts in your daily diet. Try replacing the potato chips you pack for lunch with grapes or walnuts. These choices are much healthier alternatives and are actually proven to help your skin and hair have a healthy glow! If you're stressed, make time for a relaxing European Medical facial. In October, receive your facial at 20% off!

BONUS PROMOTION

Latisse
(bimatoprost ophthalmic solution) 0.03%

Buy ONE Get ONE at 40% off!

Offer extended through the end of September, 2010.

Calendar of Events

SEPTEMBER

Vi Peel™

Our Individual Vi Peel treatment is \$50 off OR receive a free booster! (ask for details)

Take 20% off of our September Products of the Month:

Neocutis® Hyalis & Bio-Serum

OCTOBER

IPL Spider Vein Treatments

European Medical Facials

Take 20% off of our Spider Vein Treatment and our European Medical Facial!

Take 20% off of our October Products of the Month:

Neocutis® Bio-Cream

SkinCeuticals® Retexturing Activator 

NOVEMBER

Microdermabrasion

Our Individual Microdermabrasion treatment is 20% off!

Take 20% off of our November Products of the Month:

SkinCeuticals® A.G.E. Interrupter & A.G.E. Eye Complex

In The News

- Looking for something fun to do with your kids this fall? Check out this list of local events that'll be sure to put you in the Halloween spirit!
 - Friday 10/1, 6-8PM: Campfire on the Beach.** Huddle around the campfire for stories, music, s'mores and more! 130th Street and the Beach, Ocean City. Free event.
 - Sunday, 10/10, 10AM-6PM: Pumpkin Patch.** Enjoy thousands of wonderful pumpkins, live entertainment, crafts and activities, baked goods, local handicrafts and more. 1120 Spa Rd, Annapolis. Proceeds benefit the Light House - A Homeless Prevention Support Center.
 - Saturday 10/16, 10AM-12PM: Create your own scarecrow!** You supply the clothes, they provide the straw. Linticum Library. Free event.
 - Friday 10/29, 7AM-10PM: Scary Face Pancakes!** Decorate your own pancakes with Oreo cookies, strawberry noses and candy corn. Participating IHOP restaurants. Trick-or-treaters under 12 are FREE!
 - Saturday 10/30, 10AM-12PM: Halloween Howl.** A not-so-scary Halloween costume party. Port Discovery. Ages 2-10. Admission.